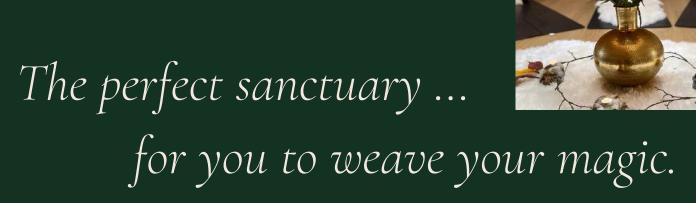
RETREATS



OLD KILMUN HOUSE

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OLD KILMUN HOUSE

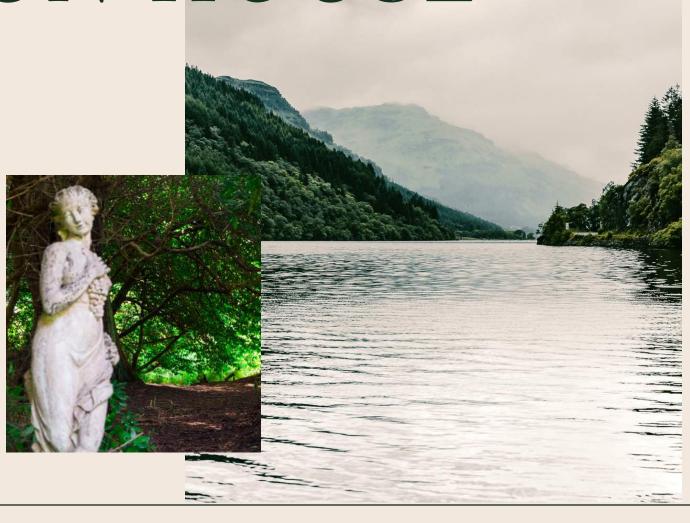
Old Kilmun House has a magic energy.

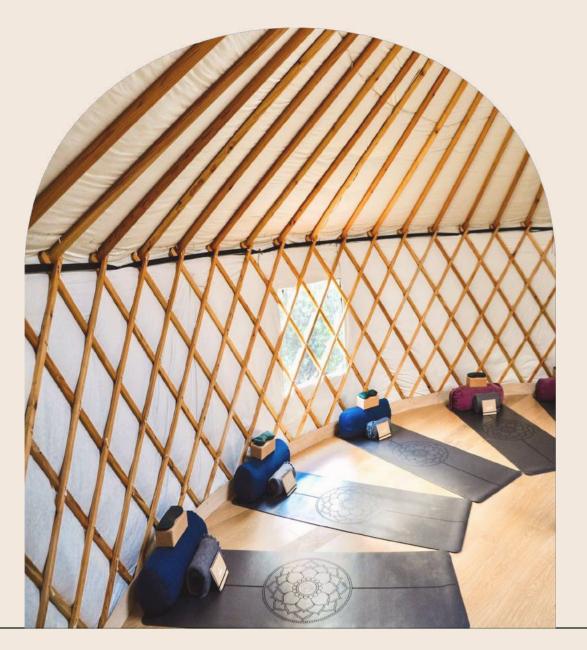
You are immersed in nature at the house.

We overlook the waters of Holy Loch and back onto the mountains and trees of the Kilmun Arboterum so it feels grounding, safe and peaceful.

We exist to enable people to create special memories with the people they love and also to hold people in a safe space whilst they do transformative inner work on a retreat.

Katy and Ross Owners, Old Kilmun House





THE YURT

Our yurt is beautiful and extremely atmospheric.

Included

- 14 Yoga mats, bolsters, bricks, belts and blankets
- A wood burning stove as well as electric heaters for a warm and cosy atmosphere
- Electric hook up so you can bring speakers for music
- Twinkling fairy lights around the ceiling for added ambience

Cost

Use of the yurt and all the equipment for the duration of a retreat is £280

If you want to include a sound bath during your retreat, we recommend the following local ladies who are wonderful.

Caroline – Inner Solus https://www.innersolas.com Alison Fell www.alisonfell.com

THE HOUSE

Plenty of space for everyone to enjoy.

- The large lounge with the open fire is the perfect place to sit and relax.
- The dining room also has an open fire and fits 16-18 guests. Typically used for lunch and dinner.
- The dine-in kitchen is bright and spacious. It has a large range oven, an additional oven/grill, a 5 burner hob, a dishwasher, a large fridge and a wine cooling fridge. The large breakfast table can sit up to 14 guests.
- Outside, we have a beautiful 6 person hot tub overlooking Holy Loch





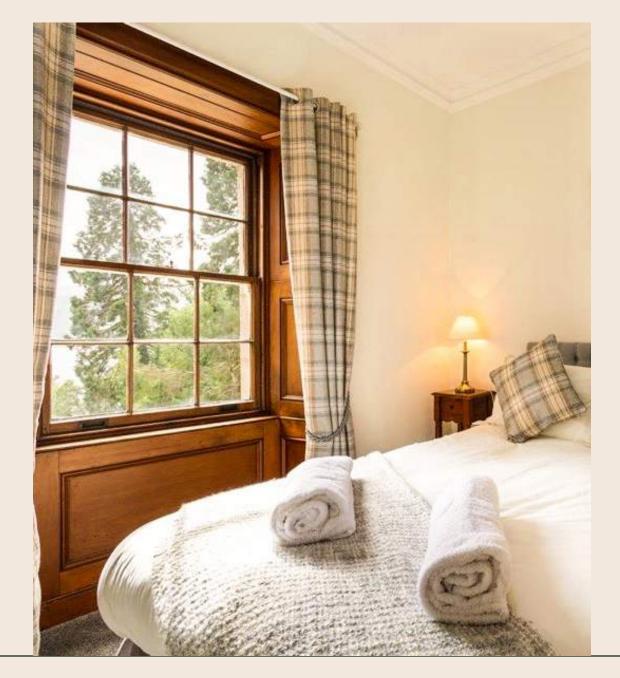
BEDROOMS & BATHROOMS

We have 7 bedrooms at Old Kilmun House

- 4 of the 7 are front facing and have a view of Holy Loch
- 2 x triple bedrooms (3 single beds in each room)
- 3 x twin rooms (2 with Holy Loch views, 1 is at the back of the house so no view of the loch)
- 1 x queen room (with view of Holy loch)
- 1 x double room (with view of Holy Loch)

We don't have any en-suite bathrooms but we have 2 bathrooms upstairs both with baths and showers and 1 bathroom with shower downstairs. Both upstairs bathrooms have underfloor heating and the main bathroom has a 2 person sauna.

The rooms work well for a retreat as you can offer different pricing options for attendees. (e.g. the triple rooms are the cheapest we offer, the twin rooms middle price range and then you can offer guests their own room at a premium price).







LOWER LEVEL & CAPACITY

The lower level of the house holds both a games room and a cinema room.

If you plan on offering massages during a retreat, your massage therapist can set up downstairs in the basement where it is quiet and cosy.

We recommend a retreat with max 12-13 guests plus the teachers and caterers as the yurt has a max capacity of around 14. Remember the teachers can always sleep in the room in the basement as we have 2 single sofa beds there.



CATERING

We have two chefs in Dunoon we can recommend for catering who will come to the house and provide food for the entire retreat. It would be worth getting quotes from both, they are both fab.

Megan Dickson - <u>megandickson555@yahoo.com</u>

Jim Davidson - <u>jimandmave@dianaferrari.co.uk</u>

If you're based in Edinburgh, we work with Roots Edinburgh who prepare big pots of vegan soups, curries, tagines, quinoa, chocolate tarte etc., that we simply bring up in the car with us and then heat up! Please contact munch@rootsedinburgh.co.uk

SHOPPING

Morrisons in Dunoon deliver straight to the house so if you need food then we recommend booking a delivery well in advance, so you get the time and day you want.



Enjoy being in nature and connecting to the natural world around you... get away from the frantic pace of everyday life.

THE GARDENS

Old Kilmun House is surrounded by 1.4 acres of lush gardens. We have a beautiful swing, our own waterfall and meandering burn in the garden and lots of special places to explore and sit.

We have a hot tub on our patio with a canopy roof above it so you can enjoy the hot tub come rain, snow or sunshine! We have lovely garden furniture for use in the summer and a large BBQ.

SURROUNDING AREA

The house backs onto the National Park so you can walk straight from the house to <u>Kilmun Arboretum</u> and onto the magnificent <u>Pucks Glen</u>. The walk to Pucks Glen and back takes about 2hrs 30 or you can drive to the Pucks Glen car park about 5 mins away and just walk up and down the stunning glen in about an hour. We highly recommend including this walk into any retreat – it is truly magical! If you have time we also highly recommend the <u>Benmore</u> Botanic Gardens. They are spectacular and about 7 mins away by car.

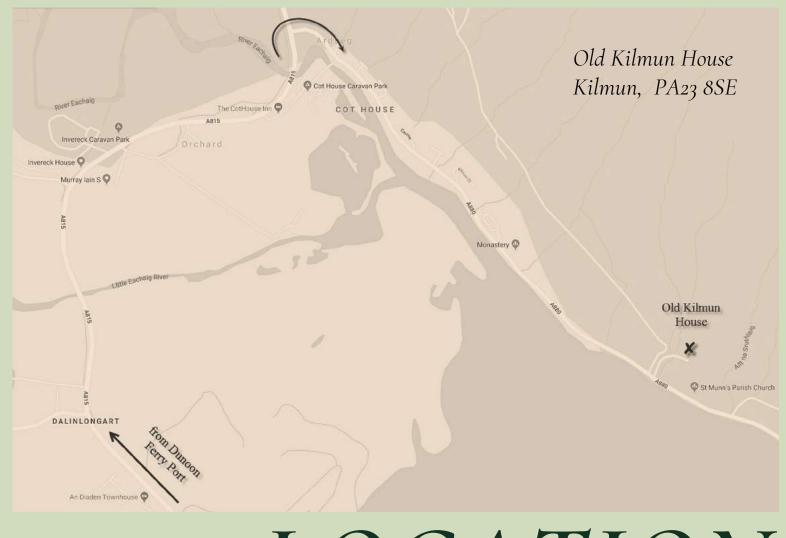


Old Kilmun House is located around 2hrs 15mins from Edinburgh and 1hr 40 mins from Glasgow.

The quickest route is to go to McInroy's Point ferry terminal in Gourock and take the ferry for 15mins across the water to Dunoon. The house is about 15 mins away from the ferry port around the bay. You can also go the scenic route and avoid the ferry however this is around 2hrs 45mins from Edinburgh.

The ferry comes every 15 mins. You don't need to pre-book the ferry, you can just turn up. Make sure you buy ferry tickets before you get on the ferry (one per car and one per person) as it's much cheaper than buying them on the ferry. You can buy them from the Co-op in Eldon St, Gourock - PA16 7UG

When you come off the ferry, turn right and follow the road all the way round the loch until you come to the Cot House Petrol Station, turn right just after the petrol station into Kilmun Village. The house is about a minute down the road, just after the sign to Kilmun Arboretum and just before Kilmun church. You will see a stone wall at the bottom of the drive and 2 stone lions on either side of the wall posts.



LOCATION



BOOKING

PRICING

Please visit our website <u>www.oldkilmunhouse.com</u> for prices and availability.

We require a 30% non-refundable deposit to secure your booking. We then request full payment 60 days before the date of your booking

We request a housekeeping deposit of £350 which will be frozen on your account 7 days before check-in and released within 3 days of check-out.

CHECK IN / OUT

Check in - 4pm Check out - 10am

To have an early check in of 10am on the day of arrival and a late check out at 4pm on the day of departure is an additional £200 per day. Please note that this is subject to availability.



Leave feeling rested, invigorated and inspired.



We look forward to welcoming you to our beautiful home. We hope you love it like we do. Check out our Facebook and Insta accounts @oldkilmunhouse

Love, Katy and Ross xx



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